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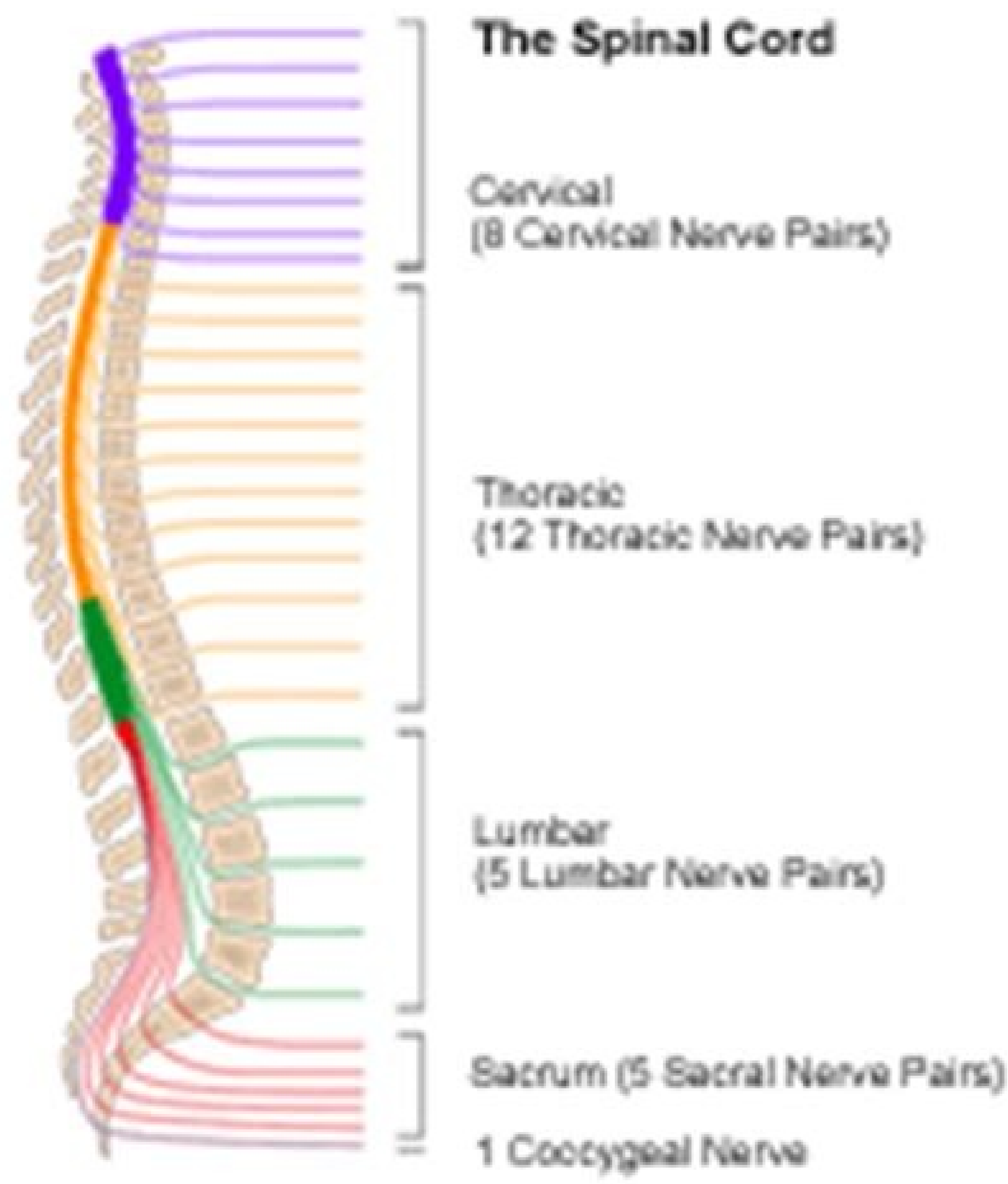
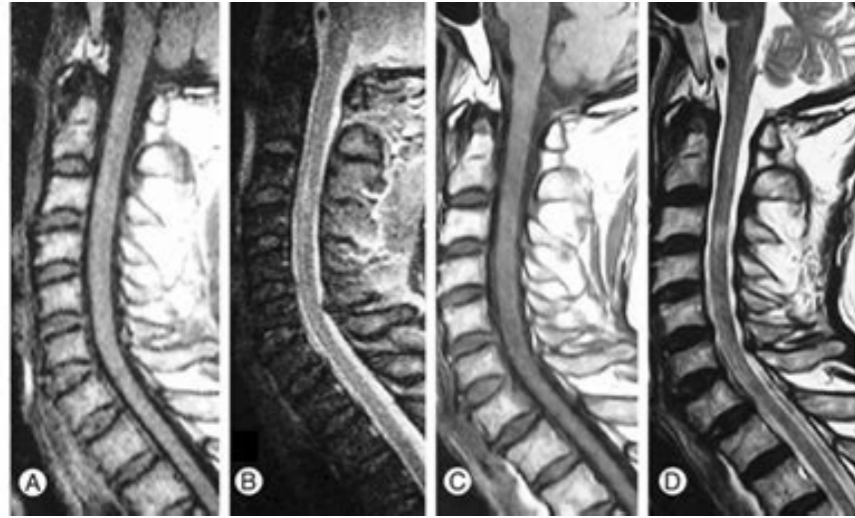
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Acute spinal cord injury treatment guidelines

Table 4. Selected Pharmacologic Treatments for SCI

Condition	Treatment	Dosage	Comments
Respiratory support	Inhaled acetylsalicylic acid	May use 10% solution undiluted; 3-6 mL 20% solution or 6-10 mL 10% solution undiluted; 2-4 breathers	May be irritating and trigger reflex bronchospasms
Inhalation	Succinylcholine	Intubation: 0.5 mg/kg IV rapid-sequence intubation; 1-2 mg/kg IV	Drug of choice only when used within 1st 48 h of injury due to hyperkalemia
Hemodynamic instability	Dopamine	2-10 mcg/kg/min IV	Hemodynamic effects are dose-dependent
Neuropharmacologic	Norepinephrine	Initial 0.1-1.2 mcg/min; titrate to desired response	Dosage range varies greatly depending upon clinical situation
Stroke	Eptifibatid	0.75-1.1 mcg/kg/min IV	NA
Cardiovascular	Atropine	0.5-2.0 mg IV q4h	For short-term therapy
Autonomic dysreflexia	Morphine	Initial 2 mcg/min IV titrate by 5 mcg/min IV q5-10min until clinical response, or to dosage of 20 mcg/min IV	Dosage may be further increased by 10-mcg/min increments; dosage may be increased in increments of 20 mcg/min. Max recommended titration 20 mcg/min q5min
	Sodium nitroprusside	Initial 0.25-0.5 mcg/kg/min. Average maintenance 0.1 mcg/kg/min IV; usual range 0.25-1.0 mcg/kg/min IV. Max dosage 10 mcg/kg/min IV for 10 min	Adjust for renal impairment
	Morphine	Apply 1 h to skin above level of SCI	NA
	Hydralazine	Initial 10-50 mg IV or 10-20 mg IV bolus, repeat q4h, usually q4h-6h	When switching from IV to oral therapy, generally double IV dose and administer po. Max oral dose 300 mg/day for 48h due to risk of drug-induced SLE. Safety related to oral therapy as seen in adequate IV/N control achieved
	Diazepam	1-2 mg/kg IV push over single dose 100 mg q5-15min prn until desired BP reduction achieved	NA
	Phenylephrine	10 mg po bid	NA
	Propofol	Initial 10-20 mg po; may repeat in 30 min prn	Adjust for renal impairment
Thrombotic embolism prophylaxis	Enoxaparin	20 mg SC q12h; 40 mg SC q24h	Renal adjustment 20 mg SC q24h required in patients with CrCl <30 mL/min
	Fondaparinux	2.5 mg SC q24h	Contraindicated in weight <50 kg and CrCl <30 mL/min
	Heparin	5,000 IU SC q6-12h	Contraindicated in heparin-induced thrombocytopenia
Neuropathic pain	Clonidine	30 mcg/h continuous epidural infusion	Optimal drug status for use in combination with opioids. Titrate dose to pain relief or to incidence of side effects
	Carbamazepine	Initial 100 mg po bid. Titrate to 600-800 mg/day	Optimal inducer
	Propofol	Initial 50 mg po bid. Titrate to 100 mg bid after 18 hr	Renal adjustment required after CrCl <30 mL/min. If 300 mg/day used, no adjustment until CrCl <30 mL/min. Max daily dose 500 mg/day
	Tizanidine	2-4 mg po q4h	Start with low dosage and slowly increase weekly or biweekly. May potentiate anesthetic
	Tricyclic antidepressants	Initial 10-50 mg po bid. Titrate weekly to 30 mg bid po	Best tolerated after trial of nonopioid alternatives
	Antidepressants	Initial 10-20 mg po qd for 4 wk, titrate q4h to max 100-200 mg/day	Renal adjustment required 20%-50% reduction with CrCl <70 mL/min
	Tricyclic antidepressants	Initial 10-20 mg po qd. Titrate to clinical response (usually 150 mg/day)	Renal adjustment required 20%-50% reduction with CrCl <70 mL/min
	Phenytoin	300 mg/day po	Monitor therapeutic serum concentrations. Therapeutic: 10-20 mcg/mL; toxic: >20 mcg/mL
Spasticity	Baclofen	Initial 5 mg po q4h increase q3-5day by 5 mg bid	Max 40 mg/day may see benefit after 1-2 mo. Do not use with CrCl <30 mL/min
	Dantrolene	Initial 25 mg po increase q3day	Usual 400 mg/day
	Tizanidine	Initial 2 mg po repeated po q4h may increase by 2-4 mg q1-4day	Max daily dose 36 mg/day; monitor hepatic enzymes at baseline and 1 mo on stable dose because of risk of hepatotoxicity
	Gabapentin	600-1200 mg/day po	NA

¹ New FDA-Approved Indications. ² Maximal plasma CrCl. ³ Maximum duration. ⁴ Extended release. ⁵ IV/SC: Intravenous route; maximum, min, initial; NA, not applicable. ⁶ CrCl and dosage. ⁷ CrCl: creatinine clearance; SLE: systemic lupus erythematosus; SLE: sustained release. Source: Reference 1, 10, 11, 14, 18.



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